

SPA MENU



FACIALS

REVIVE EXPRESS GLOW FACIAL - 30 minutes - \$85.00

An express facial customised for maximum benefit in minimal time. This facial is for all skin types to reveal a healthier more youthful, radiant complexion, leaving you with a fresh, dewy glow and a tranquil state of mind.

BLISSFUL BALANCE - 60 minutes - \$120.00

Customised to your personal preferences, a tailored facial and massage combination to rest, relax and restore the Skin, Mind & Body.

DE-STRESS ORGANIC LUXURY FACIAL - 60 minutes - \$120.00

Stress has a powerful effect on ageing and skin sensitivity, and this calming, restorative facial focuses on collagen regeneration to heal and rebuild elasticity. A detailed White Clay Desquamation exfoliant will help increase cell turnover, smooth and resurface the top layers of the skin while reducing redness. Improve skin health with a double masque infusion of powerful antioxidants featuring native Australian Davidson Plum Oil.

This sensory facial incorporates an acupressure facial and aromatherapy scalp massage with geranium, lavender & clementine for a deeply relaxing experience.

WELLNESS BOOSTER FACIAL - 60 minutes - \$120.00

Fresh skin is revealed with a natural AHA sugarcane and fruit enzyme peel. Illuminate the complexion and deliver a powerful active boost of cleansing, green superfoods. Quench thirsty skin with a moisture-locking hyaluronic infusion mask to hydrate skin for a clear, healthy balance.

* Recommended for revitalising dull, dehydrated, premature ageing, sun-damaged and acne prone skin- or as a deep cleansing treatment for a skin boost.

ANTI-AGEING FACIAL - 60 minutes - \$120.00

Radiant skin is revealed using an AHA & BHA Australian Desert Lime Face Polish. Australian plant, fruit, and flower essences stimulate collagen and elastin production offering a powerhouse of antioxidants delivering age-defying results. This beautiful, detailed facial incorporates an acupressure facial and aromatherapy scalp massage, with Australian White Flannel Flower to inspire a blissful experience.

MASSAGE

BALANCE & CALM MASSAGE - 60 minutes - \$120.00

Harmonise and connect mind and body with this relaxation massage. Create your own journey with your choice of five iKOU organic aromatherapy plant oil blends. Soothing essential oils are combined with the art of mindful movements, gentle stretching and guided breath work for a deeply relaxing and balancing full body massage.

MUSCULAR WELLBEING - 60 minutes - \$120.00

This customised iKOU massage draws focus on the release of muscle tension according to your individual needs. Organic, anti-inflammatory herb and plant infused oils, including a warming trio of Australian Eucalypt and Arnica, to deliver effective results and leave you feeling relaxed and renewed.

DE-STRESS WITH HOT STONE HEALING & FOOT RENEWAL - 90 minutes - \$150.00

Feel stress and tension melt away under expertly guided ancient healing hot stones. Combining a blend of Geranium and Clementine oils with fluid movements to quieten and calm the mind, your entire body will enter a state of deep relaxation under the comforting warmth of the stones. A blissful exfoliation for the feet is included in this treatment leaving you walking on air when you emerge.

TREATMENT ENHANCEMENTS

iKOU RAINFOREST FOOT RITUAL - 30 mins - \$65.00

A massage to restorative points in the feet can assist in easing tension, increase circulation and provide balance to the body's natural equilibrium. A native eucalypt foot soak and scrub, followed by a specialty massage and soothing lemon scented tea tree and cooling cucumber mask, leaves you with a spring in your step. Absolute bliss for tired feet and legs.



To book your appointment - 10am to 6pm - 7 days a week

Contact us to secure your blissful getaway in the Victorian countryside.

BOOK NOW: 03 5957 77 00 OR EMAIL: spa@peppersmarysville.com.au



